

# Tuesday & Wednesday Study Groups at the United Lodge of Theosophists UK



*January 2019 programme*

The Tuesday Skype meeting takes up the 7 - 8:15 pm programme

**Wednesday 7:00 - 8:15 pm**      *Yoga Aphorisms* with *The Key to Theosophy*

~~~ 15 minute break ~~~

**Wednesday 8:30 - 9:30 pm**      *Forum Answers* with references from *Isis Unveiled*

## **Weds 2<sup>nd</sup> January**

1. The Declaration of the ULT
2. Patanjali's Yoga Aphorisms      Book III, Aphorisms 53-54 (p. 58-60)
3. The Key to Theosophy      "THE DIFFERENCE..." to "...stormy ocean." (p. 25-27)

## **Weds 9<sup>th</sup> January**

1. Patanjali's Yoga Aphorisms      Book III, Aphorism 55-56 (p. 60-61)
2. The Key to Theosophy      "THE DIFFERENCE..." to "...personalities." (p. 27-30)

## **Weds 16<sup>th</sup> January**

1. Patanjali's Yoga Aphorisms      Book IV, Aphorisms 1-2 (p. 62-63)
2. The Key to Theosophy      "This means..." to "...true individuality." (p. 31-33)

## **Weds 23<sup>rd</sup> January**

1. Patanjali's Yoga Aphorisms      Book IV, Aphorisms 3-6 (p. 63-64)
2. The Key to Theosophy      "But what is..." to "...any modern faith." (p. 33-36)

## **Weds 30<sup>th</sup> January**

1. Texts for Theosophical Meetings      "Further..." to "...laws of the Universe." (p. 7-8)
2. The Key to Theosophy      "But how did..." to end of section (p. 36-38)

**Theosophy is that branch of gymnastics, which invigorates the mind, expands the intellect, unites the thoughts *with the tie of breath*, removes the heat of lust, and produces a balmy calmness, which is the heart's eye, to penetrate the mysteries of nature.**

from "What is Theosophy?" by a Paramahansa of the Himalayas  
*Theosophy: Some Rare Perspectives* p. 173